

Marchathon Team Member Nominations 2019

Person nominated	Reason for nomination	Who you were nominated by	Organisation
Alan Gilmore	<i>Request not to publish</i>	<i>Request not to publish</i>	The Mervue Marathon
Alice Fallon	<i>Request not to publish</i>	<i>Request not to publish</i>	South Dublin County Council
Cliona Godwin	<i>Request not to publish</i>	<i>Request not to publish</i>	OLCHC
Eva Vanmassenhove	<i>Request not to publish</i>	<i>Request not to publish</i>	Dublin City University
Guillaume Virolle	<i>Request not to publish</i>	<i>Request not to publish</i>	PayPal
Karolina Koczberska	<i>Request not to publish</i>	<i>Request not to publish</i>	Lazy Gal
Luke Van Rhoon	<i>Request not to publish</i>	<i>Request not to publish</i>	NUIG
Marie Ryan	<i>Request not to publish</i>	<i>Request not to publish</i>	The Mervue Marathon
Miriam Deasy	<i>Request not to publish</i>	<i>Request not to publish</i>	CIT
Pavol Pazitka	<i>Request not to publish</i>	<i>Request not to publish</i>	National Transport Authority
Ricarda Steinmayr	<i>Request not to publish</i>	<i>Request not to publish</i>	NUI Galway
Alice Stephenson	<i>Request not to publish</i>	Olivia O'Riordan	Cook Medical
Catherine Fogarty	<i>Request not to publish</i>	Denise Morris	St vincent's university hospital
Dajana Mistic	<i>Request not to publish</i>	Nazli Hamouda	Accenture
David Farrelly	<i>Request not to publish</i>	Monika	AECOM
Eva Chudomelova	<i>Request not to publish</i>	Erica Byrne	Dublin City Council
John Tierney	<i>Request not to publish</i>	Brid Heffron	Eir
Maura Morgan	<i>Request not to publish</i>	Cora McKenna	Trinity College Dublin
Selena Connell	<i>Request not to publish</i>	Noeleen Brady	UCC
Victoria Howson	<i>Request not to publish</i>	Noeleen Brad	University College Cork
Agnieszka Lukaszewicz	She is The Best	<i>Request not to publish</i>	PayPal
Bruna Seabra -	Top contributor to our team with daily steps no lower	<i>Request not to</i>	Oracle

Marchers & Drifters, Oracle	than 15,072 and even reaching 27,838 one day! Well done Bruna, great to have you on our team!	<i>publish</i>	
Ciara Hickey	She kept us motivated when our energy was starting to wane!	<i>Request not to publish</i>	Health Products Regulatory Authority
CRISTINA IAFIGLIOLA	Cristina pushed herself to her limit, adding many steps to her brand new exercise routine. She committed no matter what, finding every day a new way to walk more and more. Our restless walker!		PayPal
Dr. Arundathi Krishnan	She was the motivation for our entire team.		University College Cork
Jean Ryan	Jean was very eager about this competition from Day 1. She was the one who suggested the name for our team. Before the competition could start she had ordered a pedometer for herself and her Son and made an internal competition at her house with her Son. She is very creative and suggested ideas and provided the props for our photo-shoot's. She would post photos of herself and her son, doing their weekend walks, in the group and encourage other team members to walk as well. She encouraged the other team members to keep going. She gave her own goodies bag to our photographer (our office-mate) who helped us in our photos. Our team was delighted to have her.		COOK MEDICAL
Joseph Burke	He was by far the most dedicated person on the team and brought out the competitive side of other team mates. He motivated everyone to go just a few steps further every day and the competition wouldn't have been the same without him.		Johnson and Johnson Visioncare
Miriam Deasy	Miriam was inspirational in what she achieved each day with her steps. She inspired me work harder to reach my daily goals.		Cork Institute of Technology
Miriam Deasy	So consistent with amazing steps across the four weeks of Marchathon and really set the bar for our team.		Cork Institute of Technology
Nazli	Because she did her best and really pushed herself.		Accenture
Oisín Devilly, Steps the Reunion	Oisín was amazing and a true inspiration to his followers right from his early morning texts exhorting us to walk more to his late night phone calls urging us to go the extra mile. We couldn't have asked for a better team captain.		Dublin City Council
Padhraic McGillycuddy	Padhraic was in training for the Gaelforce challenge when we signed him up, but we needed him to keep us motivated. he gave us the drive to get up out of our chairs and we knew he was busting a gut trianing and we didn't want to let him down thinking we were not pulling our own weight in effort.		South Dublin County Council
Patrick Patten	He came in regularly to motivate us all		Footloose
Sarah King	Great motivation from a great co-ordinator!		Galway City Council
Simon Henleywillis	Simon was the inspiration behind our lunchtime group walk. Without his positive attitude and daily words of inspiration, we wouldn't have been half the team we were.		CUH
Yvonne Keleghan	Because she inspired myself and other team members and made me feel so proud of our team as she is the oldest member of our team and walked incredible distances and tried to get those extra steps in every chance she got! She was doing this to keep fit for grandchildren and intends to continue after this Marchathon was over! She is still doing		St Vincent's University Hospital

	it! :)		
Abdul Ali Hassan	Abdul walked from home in Tallaght to work in Dublin City and back home each work day and over 200,000 steps per week of the step challenge and this was a great motivation and boost for the team.	Peter Muller	Dublin City Council
Ann Carmody	Ann inspired us all to stop being lazy, win with honesty & integrity and for leading with great example by completing steps above & beyond what she had to do.	Melissa Mac Carthy	SDCC
Bruna Seabra	Bruna kept us all motivated and encouraged us to reach at least 10k each day! She herself broke her own records of reaching over 20k most days! Great team player!	Louise McGee	Oracle
Catherine Deenihan	Catherine really "stepped up" & increased her number of steps in the overall challenge by a great margin became the top stepper in our group Lunchtime Strollers UCC which motivated the others in our group to increase their steps also.	Siobhan Hackett	University College Cork
Dajana and Nazli	If I have to choose one it will be Dajana, since she walked the extra mile everyday, being the top performer in the team and always up for a walk during work time, while motivating other people in the team. Go Dajana!	Frederik	Accenture
Dajana Michelle Mistic	They went above and beyond with their daily steps.	Felix Tilgner	Accenture
Deirdre Walsh	Deirdre motivated us all daily for the challenge setting weekly goals which got progressively harder but in such a fun way that it didn't matter. She also led by example by winning the most steps in our company - Three Ireland. Deirdre is a super, positive, fun, motivating role model and exactly who you'd like on your team. She definitely deserves a prize.	Cara Kelly	Three Ireland
Dorothy Jordan	Amazing record steps for team and motivated which helped the team	Bernadette kelleher	OLCHC
Edwina Sammon	She was the best of the team. She got a fitbit and starts running. And now she goes on running !!!	Fabiane Velosa	AIT
Eimear Schlindwein	Best stepper on our team. Huge inspiration for the rest of the team. He missed his personal target of 500,000 steps by 60 and despite leaving his step counter behind on one occasion he wouldn't cheat and estimate what he would have done.	Avril Feeney	Dublin City Council
John Tierney	John was a fantastic motivator for the team, encouraging everyone to clock up more steps and get out for walks. Even after picking up slight injury he was still determined to exceed the target and set example for the rest of the team to push for more steps.	Monika	eir
Kathleen Williamson	Kathleen had more than double each of the other team members' steps at the beginning. Even so, she was so supportive of the rest of us - sending encouraging emails, coming to our offices telling us what a great job we were doing and in this way, motivated us all to do better (which we did!). I think the main reason each of us stepped it up was	Maria Donovan	University College Cork

	Kathleen - she gave us the encouragement and self-belief to do it!		
Linda McGlinchey	Linda was a fantastic motivator. She encouraged us every lunch time to walk for 15 to 30 minutes. She encouraged us to bring in our runners and put them under the desk...She and team captain Denise also set up a whats app group so we could encourage one another if we were out of the office as we work in various locations. Even at tea break if it wasn't raining we did a few steps.	Frances Wilson	LYIT
Luke Van Rhoon	Luke took on a personal challenge of walking 100,00 steps in a day. he began at 5.30am and finished around 8.30pm that night. He did it as a personal challenge and it shows his personal commitment and strength. It spurred all the rest of us to work even harder as a team. i would think that must be the most amazing personal achievement of the marchathon?	Sinead Bracken	Nui Galway
Mario Pinero	He had to travel for business purposes but he continued to make steps wherever he was. Great international walker!	David Brotons	Analog Devices
Michael Creavin	Michael offered encouragement and support to the whole team throughout the month. He also ensured we all got to know one another better by organising coffee get together's, he was extremely positive and made sure everyone was having fun. He made a huge effort himself clocking up an astounding amount of steps.	Maria McDonagh	GMIT
My entire Team mates : Anthony O'Reilly Alex O'Donovan Lisa MyCarthy Anita O'Flynn Niall O'Callaghan	They are the best team mates for a step challenge as everyone put in real efforts to get out during lunch times and evenings after work regardless of the weather conditions! It motivated me as the Team Captain to pull my weight and kept walking even when it was raining and even late at night to achieve the target per day! I even took a selfie to prove how crazy it was!!	Lee Wah Pay	Cork County Council
Nora Shine	Fantastic individual who lead by example	John Lydon	Athlone Institute of Technology
Ria Walsh	She did so many steps and encouraged the whole team	Anne Cleary	Maynooth University
Ria Walsh	Ria Walsh is a determined, strong-willed, resolute, tenacious and wonderful woman! She pushed us all to our limits and led by example walking at least 28000 steps each day. She never faltered in her efforts to improve her step count whilst keeping us all motivated to do the same.	Maryanne Ryan	Maynooth University
Sofiya Samarova	She is really good with the steps and being active. She motivated me and my team members during the challenge	Akanksha Mehta	Dublin City University