

## How to upload your route without using the APP


1. Sign into Naviki website using the username and password that you have for this Cycle Challenge <https://www.naviki.org/en/naviki/>
2. Click on Plan Route , or click on this <https://www.naviki.org/en/naviki/plan-route/#>
3. If you already have a saved route to upload (e.g. recorded from another app) simply upload via choose file and hit save. See Figure A
4. If you want to manually add your route, first close the box saying 'choose file' that you can see in Figure A.
5. Enter your origin and destination in the top left of the screen (see Figure B) and click return. If the suggested route is the route that you made, that's great, go to step 7. If not, go to step 6.
6. If you want to adjust the suggested route to the one you took, hover over the parts of the route you want to adjust and drag it to the streets you cycled.
7. Click on the little square of squares to the left of the map  and hit download
8. Click on your username at the top right of the screen and go to upload (if not responding, check you have to close mini download options screen - you need do this)
9. Upload you route from your download folders or wherever you saved it.

Figure A

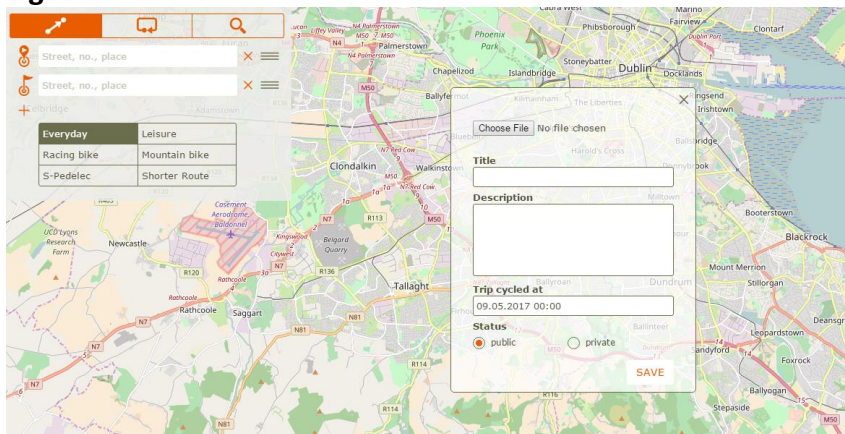


Figure B

